

Wellbeing Wonderland

school holiday workshops



Join HelpingMinds for an exciting and engaging school holiday workshop for girls aged 8 to 12 years.

An interactive and fun way to encourage dreams, goals and mindfulness. As well as inspiring and fun activities to motivate and encourage future success and positive life choices.

Plus an excursion to Aerial Yoga!

Date	Wednesday 18th April
Time	9.30am - 3.30pm
Location	Swan Child And Parents Centre, Cockman Cross, Stratton
To Book	(08) 9427 7100

This service is funded by the Australian Government Department of Social Services



helpingminds.org.au

Armadale | Midland | Whitfords | Fremantle | Rockingham
Mandurah | Broome | Perth | Carnarvon | Port Hedland
Kununurra | Geraldton



For more information

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